Finding the AMA/NLM Journals Abbreviations using Pubmed

Open up the main PubMed page. Select “NLM Catalog” from the search bar drop down menu.

Type or copy/paste the name of the journal into the search box. Click the search button.

The journal will come up along with its publication information.

The title abbreviation is provided, too!
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Some journal titles will result in more than one entry.

Scroll the list until you find the correct title. Ignore information that comes AFTER the colon (it helps identify the journal but is not part of its name). Click on the journal’s title.

Find the abbreviation.